AB-MIND

Is a 100% natural probiotic formula that reduces stress and anxiety symptoms and improves cognitive and memory functions, contributing to a balanced mental wellbeing

Lactobacillus plantarum DR7

Indications:
- To treat symptoms associated with stress and anxiety, resulting in increased relaxation
- Helps counter the effects of cognitive aging by enhancing several cognitive and memory functions

Recommended daily dose:
- 1 x 10^9 cfu* once a day (1 capsule or 6 drops or 1 stick per day)

Safety:
- QPS status and safe history of use.
- Natural & safe: Demonstrated lack of safety concerns and antibiotic resistances.
- Non GMO

Allergens:
Manufactured with allergen free ingredients (Regulation -EU- No 1169/2011).

24-month shelf-life at ambient T° (Zone IVB)

Presentations and extension line:
- AB-MIND: 15-30 capsules
- AB-MIND: 14-28 sticks
- AB-MIND: 10 ml drops
- Extension lines with Magnesium or others

Scientific support: Clinical & preclinical studies

Enhances speed needed for:
- Social emotional cognition (p<0.001)
- Verbal learning and memory (p=0.021)
- Basic attention (P<0.05)
- Associative learning (P<0.01)

Reduction stress and anxiety
DASS**-42 scores as early as week 8 (p<0.05)

Enhances the serotonin pathway while maintaining the balance of dopamine

Reduction in cortisol and pro-inflammatory cytokines
Increase in anti-inflammatory cytokines

References

* Demonstrated cfu at the end of shelf life
** DASS (Depression, Anxiety and Stress Scales) test has 42 self-reporting items that reflect negative emotional symptoms